

Sports

Adult Co-Ed Volleyball League

Starting in October

Schedule & times to be announced

League is limited to six teams.

Cost is \$35 per player (8-players per team)

For information contact either Kenneth Daniel
or Fred Payne.

Basketball Clinic

Starting September 13th - November.

Divided into two sessions according to age groups.

First session: for ages 6 - 15

Second session: for ages 12 - 16

This program is designed to provide children with
the necessary skills needed to compete while
preparing them for school and recreation
competition.

Times:

Tuesdays, 4:00pm - 5:00pm (Basic Training)

Tuesdays, 5:00pm - 6:00pm (Advanced Training)

Saturdays, 10:00am - 11:00am

(Training & Conditioning)

Saturdays, 11:00am - Noon (Game Play)

** First session participants will learn or expand on
the fundamentals such as basic lay-up drills, free
throws, passing, dribbling, and short range shooting
as well as defensive drills.

** Second session is for the more
advanced participants. This will involve more
in-depth drills as well as plays and conditioning.

Contact: Fred Payne for details
757-5447

OutVenture/ Outdoor Chattanooga

Canoeing

At Greenway Farm

Tuesday, September 20th

5:00pm - 7:00pm. No Cost. Youth & Teens.

Wall Climbing

Walnut Street Bridge

Wednesday, September 28th

5:00pm - 7:00pm. Youth & Teens.

Hiking

At Greenway Farms

Friday, October 14th. 5:00pm - 7:00pm.

Neighborhoods

Hill City Community Association Meetings

September 12th & October 3rd

North Chattanooga Recreation Center

6:30pm (both dates)

Neighborhood Partnership

Starting in September

Dates/Time TBA

Chattanooga Parks & Recreation Dept. is partnering
with the North Chattanooga Neighborhood House
to provide a variety of activities, fun, games, and
food for youth ages 9 - 12.
Contact Fred Payne for details.

DIAL



For all your city government needs

Sept. - Dec.
2005



PARKS AND
RECREATION

North Chattanooga Recreation Center



406 May Street
Chattanooga, TN
37405
(423) 757-5447

www.chattanooga.gov/cpr

Facility Manager:

Evelyn Snorton

snorton_e@mail.chattanooga.gov

Recreation Specialist:

Fred Payne

Recreation Specialist:

Kenneth Daniel

Custodian:

Karen Edwards

Hours of Operation:

Tuesdays - Fridays

12:30pm - 9:00pm

Saturdays

10:00am - 6:30pm

When School is Out:

10:00am - 6:30pm



Exercise & Self Defense For Women

Starting September 19th

Cost: \$30 per person for 6 weeks

Mondays, Wednesdays & Fridays; 6pm - 7pm

Personal Trainer & Karate Instructor-Adolphus

Mitchell (Black Belt Instructor from Hanner

International School Of Taekwondo)

Contact: Adolphus Mitchell @ 635-0060.

Youth Programs

“Making the Grade”

Every Tuesday & Thursday

4:00pm - 6:00pm

Teacher from Hamilton County School System will help students with their homework in various sub-

jects. Instructor: Ms. Linda Bragg.

Contact Kenneth Daniel.

“Teen Time”

Starting in September

Fridays at 6:00pm

Teens ages 12 - 16 get the opportunity to explore positive recreational activities available to them such as fun and educational field trips, games, bowling, and more while building social skills. Participants must be mature and responsible. Parents must transport their children to and from the recreation center. Limited spaces available.

Contact Fred Payne.



Building Music Minds:

“Piano Lessons”

Cost is \$50 per person.

Instructor: Samantha Reid.

Teen Strength Conditioning Program

Tuesdays, Wednesdays, & Thursdays

5:00pm - 7:00pm.

No Cost. Contact: Kenneth Daniel

For middle and high school students, especially athletes.

Fitness Programs

“Walk This Way!” Walking Program

For Adults & Teens starting October 11th

Wednesdays & Fridays (For adults):

1:00pm - 2:00pm

Tuesdays & Thursdays (For teens & adults):

6:30pm - 7:30pm

Contact: Evelyn Snorton

Senior Programs

Senior Exercise Program

Starting Sept. 27th

Every Tuesday at Mary Walker Towers

10:00am

Instructor: Evelyn Snorton

Senior Program

For Davis Homes I & II

Every Wednesday or Thursday; 10:00am - 3:00pm

Activities include workshops, arts & crafts, field trips, and much more!

Senior Program

For Mary Walker Towers

Sept. 7th, 16th, and 22nd

Cost and schedules vary. Activities include workshops, fun field trips, and more!

Contact Evelyn Snorton.

Seniors Special Program

Cost and Schedules vary.

For residents at Mary Walker Towers,

Boynton Terrace, and North Chattanooga

Community. Contact: Evelyn Snorton.

Family Programs

“Family Fun Night”

Starting in October

Dates and times to be announced

This is your chance to tell us about the programs and events you would like to see offered at the recreation center for you and your family.

Churches are also invited to participate.

Contact: Evelyn Snorton - 757-5447.

Reservations for Softball Field/Team Practice and Neighborhood Play

Times and Dates scheduled weekly based on availability.